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# favourite indoor plants for winter

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Posted in All Gardening Advice, Indoor, January, December, All videos, Growing flowers on 1st January 2020

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## FAVOURITE INDOOR PLANTS FOR WINTER

I'm in the greenhouse now and I really love this [plant stand](#). The great thing about this particular stand is the shelves are wide enough and deep enough that you can fit really quite substantial plants on it. What I find is a lot of plants stands are just too diddly for me and I like quite nice big pots, so you need something a bit more robust; this one works incredibly well.

I've got here a stephanotis which you can see I'm nurturing and there are a few flowers coming but they are very slow to come. They really love it in Greece, you know, a hot climate, but still it's a lovely evergreen plant to have inside. It does need to be frost free.

This is the beautiful white [convolvulus cneorum](#), it has big white trumpet flowers and starts very early in the year. If you keep deadheading it, it comes back very well.

And then of course, a classic December the plant, is [helleboreus niger](#) or the Christmas rose. I love these as pot plants or inside plants for this time of year. I mean, they're wonderful outside too, but inside they just make you feel like spring is around the corner - which sometimes on a dire, horrible December or January day it can feel like it's a long way away.

Then, good old streptocarpus, you can't beat that. I love the [echeverias](#) because they just give you this sort of lovely silvery, kind of Christmassy, colour right the way through the year - but particularly in the winter they

really give you winter cheer.

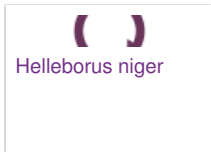
Happy gardening,

Sarah

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