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Home > Advice > Marinated cucumber and dill salad recipe

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marinated cucumber and diffs satad recipe

Posted in June, July, August, September, All Recipes, Summer on 1st September 2018

This is a recipe from my friend Lucinda Fraser, and it's fantastic for making frage quantities when you have lots of people to lunch. It's at its most delicious eaten fresh, but it's fine made the day before.

ADVICE

Serves 4-6

- 1 large cucumber
- 100ml rice wine vinegar
- 110g caster sugar
- Good bunch of dill
- Salt and black pepper

Peel the cucumber and slice it as thinly as possible. (If you have one, use a mandoline or the slicing disc on a food processor.) Remove the seeds only if there are lots of large one, but you must remove the skin.

Heat the vinegar in a small pan over a low heat and stir in the sugar until it has dissolved. Allow to cool.

Finely chop the dill. Layer a quarter of the cucumber in a small high-sided dish and season. Sprinkle a quarter of the dill over the cucumber. Repeat the layers.

Pour over the vinegar, cover and leave for at least an hour.

Drain the liquid (of which there will be lots) before you eat.

This recipe features in p195 of Sarah Raven's Garden Cookbook.



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Anethum graveolens



Cucumber 'La Diva'

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